



# REACH OUT CAMEROON ANNUAL REPORT 2022



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### **OUR HISTORY**

Started in 1996, the organisation became legalized in 2000. Reach Out was founded by a group of medical doctors, gender specialists, social workers, nurses, community relay agents and agronomists who were concerned with the plight of the rural people, especially those in hard-to-reach areas and those rendered vulnerable. These include but are not limited to minority group such as widows, displaced women and their families, school drop-outs, orphans and vulnerable children (OVC) as well as HIV and AIDS infected and affected persons who are all main beneficiaries of Reach Out's programs.

The organisation was born in response to the wide-spread HIV epidemic in Fako district, particularly among rural communities which were left unattended. The pioneer group of social workers, agricultural experts, doctors and nurses and other well-wishers decided to focus on serving the rural populations with information about the virus and on how to build up immune systems with natural recipes.

We quickly became interested on not only serving those rendered vulnerable, but advocating for them and raised our voice to denounce the injustices people living with HIV were suffering in our Country. We've never stopped advocating since then. Experiencing the HIV pandemic was unevenly targeting women, with other specific challenges such as gender-based violence, inequality, property expropriation and little access to leadership positions, the organisation broadened its focus and included aspects of Gender, human rights, and training. This saw the birth of the second department within the organisation – Gender and Capacity Building. While carrying out activities in the Gender and Capacity Building Department, we realised that our sensitisation and capacity building efforts required a third leg. Thus, the Wealth Creation Department was born to take care of the economic empowerment of women and underprivileged groups. Today these three departments have separated focuses on interconnected issues, and work closely to bring the best impact to communities all over Cameroon, Kivu in the Democratic Republic of Congo, and North-Eastern Nigeria.

### **Mission**

Reach Out NGO in Cameroon supports underprivileged groups within the communities on health issues, wealth creation, human rights, and governance. It provides capacity building for improved livelihood using a community centered approach and advocacy.

### **Vision**

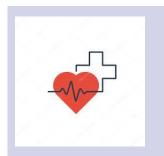
Underprivileged groups are socio-economically and politically empowered in a supportive policy environment.

#### **Our Values**

ACCOUNTABILITY	COMMITMENT	TRANSPARENCY	SUSTAINABILITY
Accountable to our	Committed to	Our work gives us	What we do is meant to
partners, communities,	improving standards	Our work gives us	last
and ourselves	in our community	strength	iast



### **Departments**







#### **HEALTH DEPARTMENT**

Being the pioneer department of the organization, the health department strives to ensure that communities adopt a positive and health seeking behaviors for improved quality of life. It also seeks to increased access to essential needs (medical, nutritional, and psychosocial support), for women, children, vulnerable persons, and remote communities.

### **HUMAN RIGHTS AND GOVERNANCE**

The Human Rights and Governance Department's key focus is on rights advocacy for women and children, peace building and mediation, activism against gender-based violence using conflict sensitive and survivor centered approaches, protection, and the rule of law. It The department also emphasizes on organizational capacity strengthening and support for local governance and regional and local authorities. Youth empowerment and engagement in civic responsibility while promoting positive masculinities and human rights monitoring

### **WEALTH CREATION**

The Wealth Creation Department of Reach Out Cameroon has the main goal to improve household incomes of vulnerable women through the establishment of micro-projects, sustainable agriculture and micro-credit operations so that beneficiaries are self-reliant in their communities.

28 PROJECTS IN 2022

### Our Projects Implemented in 2022

Twenty-eight projects were executed in Reach Out NGO in the year 2022 with 8 projects in the Health Department, 15 in the Human Rights and Governance Department and 5 projects in the Wealth Creation Department.

HEALTH DEPARTMENT	HUMAN RIGHTS & GOVERNANCE	WEALTH CREATION
Sexual Reproductive Health and Rights	Protection	<ul> <li>Sustainable agriculture</li> </ul>
Fight Against Tuberculosis	Gender Based Violence	<ul> <li>Economic Empowerment</li> </ul>
HIV/AIDS	Peace Building	<ul> <li>Assessments</li> </ul>
<ul><li>Malaria Control and Treatment</li></ul>	Human Rights Monitoring	*
<ul><li>Water Sanitation and Hygiene</li></ul>	Local Governance	*
<ul><li>Research</li></ul>	Education	*



### **HEALTH DEPARTMENT**

### **2022 Project Registry**

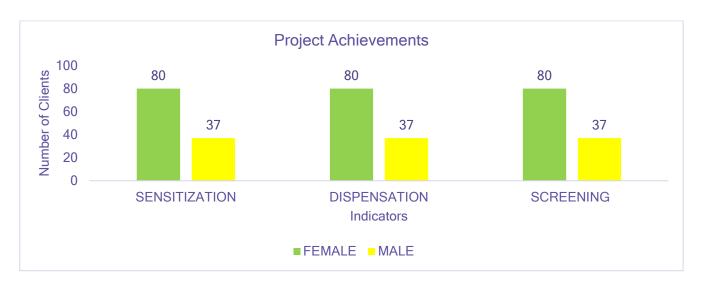
- 1. Enhancing sexual and reproductive health and rights in remote communities of Ndian funded by Amplify Change.
- 2. Community Dispensation of ART to PLHIV funded by Global Fund for the Fight Against HIV/AIDS through National AIDS committee.
- 3. Remote Community Health Promotion Project funded by Global Giving Scaling Up Malaria for High Impact funded by Global Fund for the Fight Against AIDS, Malaria and TB.
- 4. Breaking Barriers in Access to Effective Malaria Treatment among conflict affected communities of the Southwest and Littoral Regions funded by Expertise France.
- 5. Improving Access to Quality Sexual and Reproductive Health and Psychosocial Support Services for Internally Displaced Women and Girls and Vulnerable Host Communities Within the Covid-19 Context in the Northwest and Southwest Regions of Cameroon Funded by GIZ Pro-Passar.
- 6. Comparing primary delivery healthcare models in conflict affected settings in Cameroon and Nigeria
- 7. The Mass Cholera Community Sensitization and Water Purification Campaign in Limbe, Buea and Kumba Health Districts.

### **Community Dispensation of the ART to PLHIV.**

**Project Details:** Community Dispensation of ART to PLHIV funded by Global Fund for the Fight Against HIV/AIDS through National AIDS committee and was carried out in the Southwest Region with project duration being 1<sup>st</sup> January 2021 – 31<sup>st</sup> of December 2023.

**Project Objectives:** To ensure that the treatment centers are decongested and clients have their medications at the community level reducing the cost and time for them to get to the treatment center.

**Project Achievements:** As seen on the figure bellow, we were able to sensitized (offered individual counselling sessions) 117 persons (80 females and 37 males). All 117 persons were screened for TB and actively received their ART in the community.



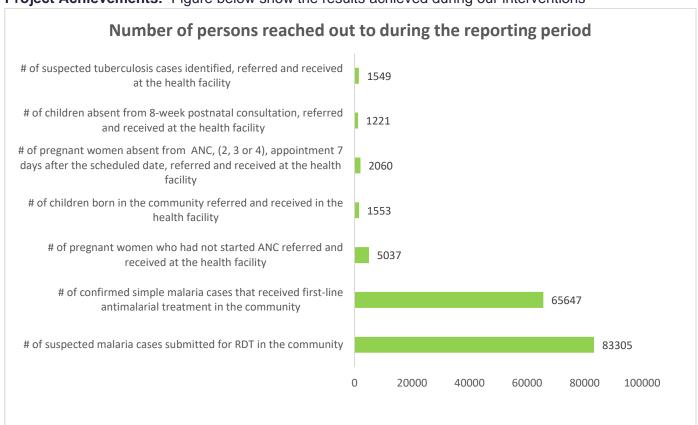


### Scaling Up Malaria for Impact.

**Project Details:** Scaling Up Malaria for Impact is funded by Global Fund for the Fight Against Malaria, AIDS, and Tuberculosis (TB). Carried out in the Southwest and Northwest Region within the period of 1<sup>st</sup> January 2021 – 31<sup>st</sup> of December 2023.

**Project Objectives:** To contribute efficiently within the framework of the national strategy on community-directed interventions to improve the provision of quality care and services. Reach Out aims to improve health indicators related to Malaria, AIDS, and Tuberculosis in the two Anglophone Regions.

Project Achievements: Figure below show the results achieved during our interventions



### **Enhancing Sexual and Reproductive Health and Rights in Remote Communities of Ndian.**

**Project Details:** Enhancing Sexual and Reproductive Health and Rights in Remote Communities of Ndian (Bakassi and Ekondo Titi) for Impact is funded by **AmplifyChange**.

**Project Objective:** To improve and increase quality community based sexual reproductive health services and human rights (SRHR) in rural areas of Bakassi and Ekondo Titi Health Districts.

Project Achievements: For 2022, we realized the following result

KEY	Description	RESULTS		TOTAL
ACTIVITIES		FEMALE	MALE	PERFORMANCE
	Number of persons counselled	1044	990	2034
	Number of persons tested	853	752	1605
FOR HIV	Number of positive cases	20	20	40
	Number of cases linked to treatment centers	10	13	23



COMMUNITY AWARENESS	Sensitization of Sexual Reproductive Health as Human Rights	22981	19413	42394
RAISING	Receive Counselling, Information, HIV Testing, and/or Requested Contraceptives for The First Time	4867	4,729	9596
REFERRALS	First time Family Planning	46		46
	Repeat Family Planning	6		6
	HIV (Drug refill, initiation to treatment, viral load, re-initiation			31
	Gender-Based violence			18
DISTRIBUTION	Condoms distributed	1,416	15,097	16,513

Improving Access to Quality Sexual and Reproductive Health and Psychosocial Support Services for Internally Displaced Women and Girls and Vulnerable Host Communities Within Covid-19 Context in The Northwest and Southwest Regions of Cameroon.

**Project Details:** This Project is funded by **GIZ Pro Passar**, implemented in Southwest (Buea, Tiko, and Limbe Health Districts) and Northwest (Tubah, Santa and Bamenda Health Districts) during the period April 2022 – August 2022

### **Project Achievements**

			Achi	ieven	nents		
S/N	PROCESS INDICATORS	TARGET	NW	SW	Total	Performance	
1	Number of Health staff trained on providing skilled assisted deliveries	30	15	15	30	100%	
2	Number of community health workers trained as SRHRV	30	15	15	30	100%	
3	Number of health facilities assessed through health facility survey	50	20	15	30	70%	
4	Number of health facilities selected after health facility survey	30	15	15	30	100%	
5	Number of health staff trained on effective stock management and techniques to reduce the number of days of stockout for essential obstetric drugs	30	15	15	30	100%	
6	Number of health staff trained on effective stock management and techniques to reduce the number of days of stockout for modern family planning supplies	30	15	15	30	100%	



7	Number of counselors trained on providing specialized psychosocial support services to referred vulnerable populations.	30	15	15	30	100%
8	Number of religious faith-based organization leaders trained on providing community-based psychosocial first aid and referrals for vulnerable persons in need of psychosocial support.	15	4	6	10	66%

Key activity		11-18	years	18-59	years	>59 y	ears	
	Indicator	Males	Female	Male	Female	Male	Female	Total
Sensitization	Number of Persons Sensitized by volunteers on SRHR	5045	6745	9176	13594	3370	4259	42189
	Number of Persons Sensitized by volunteers on Psychosocial First	00.40	0007	4.470	0050	4000	0500	04450
D ( )	aid/ Support	2240	3327	4478			2583	21156
Referral	ANC	0	14	0	305	0	0	319
services	Delivery	0	14	0	199	0	0	213
provided by SRHR	Family planning	0	00	0	000	0		707
volunteers		0	98	0	699	0	0	797
Targeted Pregnant	Number of PW received for ANC Registration from the community	0	19	0	165	0	0	184
women	Number of PW provided with							
	delivery assistance from the HF	0	7	0	137	0	0	144
	Family Planning	0	42	0	532	0	0	574
Psychosocial First Aid	Number of host community members who benefitted from PFA for moderate psychosocial trauma	3	3	20	75	18	8	127
	Number of IDPs who benefitted from PFA for moderate							
	psychosocial trauma	3	5	21	68	97	31	225
	Number of vulnerable host community members who benefitted							
Psychosocial	from PSS for severe psychosocial	4	2	2	7	2	0	47
Support	trauma Number of IDPs who benefitted	1	3	3	7	3	0	17
	from PSS for severe psychosocial trauma	1	5	20	14	5	3	48



### **Remote Communities Health Promotion Project.**

**Project Details:** Funded by Global Giving Platform (Individual donations). Project was implemented in Southwest (Ekondo-Titi).

**Project Objective:** To provide basic primary health care services to vulnerable populations in hard to reach places without access to health care.

### **Project Achievements are presented on the following tables:**

### **Project Achievements on Primary Healthcare**

	< 5 yea	ars	5-17 years		18 - 59 years		> 59 years		
Indicators	Males	Females	Males	Females	Males	Females	Males	Females	Total
# People received for health problems by the CHW	427	370	113	160	103	142	41	30	1386
# People with health problems referred to the health facility by CHW		14	10	16	13	41	4	9	127
# of malaria suspected cases received by CHW in the community	240	192	52	93	47	38	20	14	696
# of suspected malaria cases who benefited from an RDT in the community		141	38	63	35	28	18	13	527
# of suspected malaria cases who tested positive with RDT	142	108	25	41	22	16	11	7	372
# of uncomplicated malaria cases confirmed and properly treated	108	78	14	28	15	11	8	5	267
# of complicated malaria cases referred to a health facility by CHW	10	7	6	8	3	6	0	1	41
# of pregnant women referred to health facility	0	0	0	0	2	29	0	0	31
# of deliveries within community	9	17	0	0	0	1	0	0	27
# of Pregnant women provided with Ferrous Folate	20	14	5	6	17	53	7	0	122
# of people provided E. drugs for ARI	43	43	15	19	11	18	6	1	156
# of People with drugs for acute diarrhea	66	79	14	34	11	10	14	15	243
# of People provided anti malaria	143	111	23	22	25	18	14	13	374
# of People provided with Benzyl Benzoate	8	7	23	42	11	30	4	3	128
# of People provided with Calamine	55	53	10	3	8	12	1	6	148
# of Children 6 months – 15 months of age provided vitamin A and worm therapy		276	0	0	0	1	0	0	527
# of PLWs provided with maternal care kits	0	0	0	0	0	4	1	0	5



ı	born kits	givers pro				0	0	1	0	19	0	0	20
1	# of suidentified	uspected	Measles	cases	246	210	45	58	59	76	23	23	740

### **Project Achievements on Community Sensitization**

Indicators	< 5 years		5-17	5-17 years		9 years	> 59 y	Total	
indicators	Males	<b>Females</b>	Male	Females	Males	<b>Females</b>	Males	<b>Females</b>	Total
# People provided with education on hand washing	15	24	192	233	274	343	158	228	1467
# People provided with education on water purification and preservation		1	212	267	296	347	167	214	1504
# People provided with education on waste disposal	0	0	227	272	293	340	172	253	1557
# People provided with education on proper latrine use		20	241	285	310	347	189	247	1655
# People provided with education on malaria and the use of LLNS		25	258	300	302	353	184	247	1689
# People provided with education on diarrhea prevention		19	265	299	320	359	186	244	1706
# People provided with education on A.R.I prevention	0	7	249	294	299	333	172	202	1556
# of girls provided with menstrual hygiene education	0	0	14	18	18	107	9	17	183
# people sensitized on nutrition in the community	10	11	112	139	135	174	87	107	775

# Project Performance in Nutrition: Screening and Treatment of children<5 years for severe acute malnutrition.

Indicators	Female	Male	Total
# Total number of children attended/consulted for malnutrition	187	162	349
#children 0-4 years screened for severe acute malnutrition (SAM)	119	131	250
#Children 0-4 years screened for severe acute malnutrition with complications	1	-	1
#Children 0-4 years screened for severe acute malnutrition without complications	1	-	1



#### **Health Research**

Breaking Barriers in Access to Effective Malaria Treatment among conflict affected communities of the Southwest and Littoral Regions.

**Project Details:** This is a formative research project funded by **Expertise France/Initiative 5%**, implemented in Southwest (Tombel, Kumba, Muyuka and Ekondo Titi) and Littoral (Mbanga, Melong, Nkongsamba, and Manjo) Regions.

**Project Objective:** To identify, develop, implement and evaluate scalable, replicable, and innovative approaches to improve access to effective malaria case management through community-based services in conflict-affected and host communities in the South-West and Littoral regions of Cameroon by 2023

**Project Achievement:** The key findings for this reporting period is presented on the following table

KEY ACTIVITIES	TITIES Description		}	TOTAL
		FEMALE	MALE	PERFORMANCE
Community  Mahilization mosting	Mobilization of IDPs, Host, and	005	007	4700
Mobilization meeting	returnees	895	887	1782
Training of Trainer	Reach Out	1	6	7
	Malaria Consortium	1	1	2
	KASAFRO	1	1	2
Training of Key Actors	CHWs	38	41	79
	CHAs	23	14	37
	DCSOs	4	3	7
Training of CHVs	Training of CHVs on project	70	0.5	404
	intervention	76	85	161
Community Health Participatory Approach	The launching of CoPHA Meetings and Health Vouchers interventions	1141	948	2089
(CoHPA)	Total attendance of CoHPA sessions from May – Oct 2022	6578	4494	11072
	Consumption rate of malaria vouchers	598	540	1138
	Uptake of Simple malaria Transport Vouchers		2644	5344
			422	890

### Comparing primary delivery healthcare models in conflict affected settings in Cameroon and Nigeria

**Project Details:** This is a research project funded by **Research for Health in Humanitarian Crises**, implemented in Cameroon and Nigeria

**Project Objectives:** To explore how primary health care (PHC) models are selected by humanitarian organizations and through stakeholder engagement, design a toolkit for evaluation of quality in PHC care delivery across different models.



### **Project Achievements**

KEY ACTIVITIES	DESCRIPTION	RESULTS			TOTAL
		CAMEROON	NIGERIA	Total	PERFORMANCE
Piloting and pretesting of project survey	Online Survey responses	59	68	33	160
Qualitative Pilot study		5	5	-	10
Qualitative data collected		21	27	-	48

Mass Cholera Community Sensitization and Water Purification Campaign in Limbe, Buea and Kumba Health Districts.

**Project Details:** Funded by Reach Out Cameroon implemented in Southwest Region (Limbe, Buea and Kumba Health Districts) in April – May 2022.

**Project Objectives:** Carry out cholera sensitization, provision of safe and potable drinking water, and support health facilities in the management of cases.

### **Project Achievements**

KEY ACTIVITIES	DESCRIPTION	TOTAL PERFORMANCE
Training	Training of trainers	21
	Training of Student Volunteers	120
Cholera sensitisation	Number of people sensitized in all three health districts	25077
The distribution of aqua tabs	The distribution of aqua tabs in the communities	14386
Donations	REO donated doxycycline to the RDPH for the SWR	3000



### **HUMAN RIGHTS AND GOVERNANCE DEPARTMENT**

### **Background**

The Human Rights and Governance Department whose key focus is on rights advocacy for women and children, activism against gender-based violence using conflict sensitive and survivor centered approaches, peacebuilding and mediation has in 2022, had an increased in the number of funded projects (9 projects) as compared to 2021 with an extension into over 40 communities in the North West, South west, Littoral and West regions of Cameroon. The Human Rights and Governance Department's central core for 2022 has being on; strengthening of organizational and institutional structures, Protection monitoring, human rights education, and case management for children and survivors of violence, peacebuilding and conflict prevention, youth engagement in peacebuilding through capacity building, gender equality and women empowerment using advocacy and capacity building. These objectives were achieved by carrying out community assessments and responding to the current needs of the target communities with the use of a gender-sensitive approach in the implementation of its activities.

### **2022 Project Registry**

- 1. Accountability to Achieve Sustainable Development Goals. A Human Rights and Gender Justice Approach
- 2. New National Communication Campaign Against Hate Speech and Xenophobia.
- 3. Family Planning and Health System Support for Resilience -Phase 1 And 2.
- 4. Support Program for Municipal Development.
- 5. Enhancing Youth Initiatives for Peace: Empowering the Next Generation of Peace Advocates in Cameroon
- 6. Champions at The Grassroot; Youth and Women Promoting Peace in The Northwest and Southwest Regions of Cameroon (1st May 2022 To 31st April 2023).
- 7. Protection of Vulnerable Groups in Conflict Affected Areas of the South West and North West Regions of Cameroon 1st September 2020 to 1st September 2022
- 8. Build A Future for Children in Conflict Zones.
- 9. The Youth and Disability Inclusion in Local Governance Project in the South West Region of Cameroon 15th July 2022-14th May 2023
- 10. Peace Tables: Promoting WPS through a culture of Peace and social cohesion in Cameroon.
- 11. A story for Every Heart
- 12. Women-Led Community Driven Action for the Promotion of Human Rights in Conflicted Affected Communities of the North West and South West Regions of Cameroon.
- 13. Strengthening Networks of Cultural and Development Associations for the Promotion of Peace and Social Cohesion in the North-West and South-West Regions of Cameroon September 2021- April 2022
- 14. Multipurpose Cash Assistance for Conflict Affected Population
- 15. Action for the effective leadership and representation of women peace builders in the implementation and monitoring mechanisms of the Cameroon major national dialogue



### **Projects and Achievements In 2022**

# Accountability to Achieve Sustainable Development Goals. A Human Rights and Gender Justice Approach

Funder: SIDA through SONKE Gender Justice

### **Projects and Achievements In 2022**

This project has as goal to strengthen the capacity of Men Engage Cameroon to collectively as a network and individually as members engage men and boys to be champions of gender justice, gender equality and human rights in Cameroon.

### **Key Achievements**

Key Results Achieved	Target achieved
MenEngage Cameroon participated in the MEA Regional meeting held in Kenya	1
Participation of the network AGM	23 Members
Organized 02 days virtual replication of accountability training	16 participants
Organisation of Steering Committee Meetings	03virtual meetings and 01 physical meeting
Participation of members at the MATI training on feminist transformative leadership which took place in Kampala-Uganda.	02 Members
Member organizations received sub-grants from the secretariat	05 Members
2Months Community sensitisation on promoting positive masculinities Tiko and Mutengene.	148 young boys and girls
sensitisation on sexual reproductive health and rights in Buea 250 adolescent boys and girls	
Media partnership created with a local Television station	01(Hi TV).

**Key Lesson Learned:** Engaging men and boys in fighting toxic masculinities need more than efforts of one organization but rather collective efforts of both communities and consortium of organisations.

**Challenges:** Insecurity in some communities, characterized by lockdowns and ghost towns caused activities to be postponed and delayed the timely implementation of project

**Recommendation:** More capacity building should be organized for members of Men Engage on accountability and more innovative ways to promote gender justice.

### New National Communication Campaign Against Hate Speech and Xenophobia

The goal of the project was to sensitize the public on the disastrous consequences of hate speech and xenophobia and promote social cohesion. Funded by the **National Commission for the Promotion of Bilingualism and Multiculturalism (NCPBM)**. Project was implemented from August to November 2022.



### This project had as achievements;

Activity	Key Results Achieved
Sensitisation Campaign against Hate	-2,747 students reached in 03 secondary schools.
Speech and Xenophobia in Schools	-75 teachers reached.
(GBHS Muea, St Theresia College	-108 youths in 09 peace clubs in GBHS Muea, St Theresia
and GHS Bokwango)	Secondary School and GBHS Bokwango
Sensitization against Hate Speech	-1000 market users in Limbe 1 and Great Soppo Markets
and Xenophobia in Markets (Limbe 1	reached indirectly through posters and other sensitization
and Great Soppo Market)	materials.
	-30 face-face discussions on fighting hate speech and
	xenophobia.
	-25 group sensitization reaching 125 people in Limbe 1 Market
	and Great Soppo Market.
	-02 sensitization banners to fight against hate speech published
	in the capital city of the South West Region.
Project Launch	-19 stakeholders (local and state authorities) received increased
	knowledge and understanding about Hate Speech and
	Xenophobia
	-06 media practitioners gained knowledge on the disastrous
	consequences of hate speech and xenophobia.
	-03 student gained clarity on the difference between hate
	speech and xenophobia.
Door-to-door Sensitization Against	-94 persons reached in 18 households in half mile Limbe.
hate speech and Xenophobia	
Social Media Campaign against Hate	7231 persons reached through social media posts.
speech and Xenophobia	727 engagements with our post against hate speech and
	xenophobia
	34 post shares
	08 profile visits
Dissemination of Radio Spots against	70,000 people reached in Fako, Littoral and Kribi
hate speech and Xenophobia	

#### **Conclusion and Recommendations**

Sensitization against hate speech and xenophobia in schools, markets and communities within Fako was a timely project to engage communities in the fight against its prevalence. It was an opportunity to engage citizens for social cohesion in a more interactive way, especially with young people. The following recommendations were made, to inform the next phase of this project.

- 1) The NCPBM should not only end at sensitization, but also engage in community research to find the root causes of hate speech and xenophobia and community-driven solutions that can reduce its prevalence.
- 2) The commission should come up with an updated national text on hate speech and xenophobia and a toll-free number for victims to call and report.
- 3) Social media influencers and socio-cultural groups should be used more often to get the messages against hate speech and xenophobia to the grassroots and mass population.



### Family Planning and Health System Support for Resilience -Phase 1 and 2

Funder: GIZ-GOPA

The objective of this project was to provide psychological care, SRHR (family planning) and sensitize the population particularly the IDPs and most vulnerable persons on the importance of covid-19 vaccination. The project achieved the following:

Activity			Results
Community	Health	Workers	Trained of 6 CHWs for sensitization on PSS, GBV, campaign
(CHWs)			discrimination and registration of IDPs into the Kobotool system
			12 Community Leaders were trained on sensitization and
Training of Cor	nmunity Le	aders	educative talks on PSS, GBV and discrimination with community
			members throughout the project
Advocacy	Meeting	with	Advocacy meeting with 8 stakeholders like MINPROF, MINAS,
stakeholders			chief of Muea to provide PSS to internal displaced persons
			An audience of over 30, 000 persons have been reached with
Radio Slots			project communities of EKona, Muea, Mabeta, Bota, and middle
			farms, using radio spots aimed at sensitizing on project activities.
Provision of ind IDPs	ividual Cou	nseling to	153 IDPs were counseled and provided PSS (1st Phase)
Provision of g	roup cour	seling to	138 IDPs were grouped into 12 and provided PSS (1st phase)

### **Challenges /recommendations**

- IDPs are more interested in receiving financial and material assistance in order to start up more small income generating activities that can sustain their families.

Support Program for Municipal Development: Supporting Idenau, Limbe 3, and Tiko Councils in the South-West Region in the Identification and Implementation of Participatory and Inclusive Mechanisms in Local Governance and Infrastructure Management.

Funder: **GIZ-PROMUD** 

**Objective**: To contribute to strengthening the involvement and effective participation of the men, women, youths, and internally displaced persons living in Limbe III, Idenau, and Tiko council areas in local governance and the management of drinking water and market infrastructures, through the support of municipalities in the implementation of participatory mechanisms.

Activities	2022 Achievements
Conducted Baseline Diagnosis	29 key informants and 45 citizen surveys, 3 FGDs ANALYSIS OF COUNCIL BUDGET: IDENAU, TIKO Except Limbe 3 where we only analysed their budget for 2021
Diagnosis/situational analysis of existing	105 water facilities and 5 markets assessed in the 3
water and market infrastructure	councils
management model	
Brainstorming workshop and Restitution of	60 key council authorities and representatives of the
the diagnosis	population



Follow-up on workshop commitments	01 new participatory consultation tool
Establish a database of Community Based	57 CBOs
Organisations and their members.	
Validation of projects.	16 proposals were submitted (8 Tiko, 4 Limbe iii: 4,
	Idenau
Set-up feedback mechanisms.	12suggestion boxes were handed over to the 03 councils
Working sessions on sustainable	- One water and market management model developed
management of infrastructure and training	and submitted to the 03 councils
for council staffs	- water and market management committee constitutions
	developed
Accountability in council sessions	Attended Budget Orientation Debate (BOD) in all the 03
	councils
Evaluation meeting	Mid-term evaluation meeting conducted with the M&E
	officer of Reach Out Cameroon, 03 project staff and 03
	GIZ- ProMUD staff

### Enhancing Youth Initiatives for Peace: Empowering the Next Generation of Peace Advocates in Cameroon

Funder: International Civil Society Action Network (ICAN)

**Objective**: This project aimed to use a conflict-sensitive and gender-responsive training manual which integrates ICAN's "She Builds Peace" frameworks, to build the capacity of 288 students aged 12-21 years to promote peace, social cohesion, and integration of internally displaced children in secondary schools and communities within the Buea Municipality.

Key achievements	Target achieved
Assessment of secondary schools for project inclusion	15 (5 government schools, 5 private schools and 5 faith-based schools)
Capacity building on data collection	6 enumerators (3 male, 3 females aged 22-35 years) were trained
A baseline survey was conducted	6 selected schools (26 FGDs with students, 1 FGD with teachers, 12 In-depth interviews with teachers and 27 with students)
Capacity building of Reach Out staff Monitoring and Evaluation	29 Reach Out Staff
The setting up and Running of Youth Peace Clubs	<ul> <li>9 school counselors (3 male, 6 females aged 22-40 years) are trained and serving as the peace club facilitators.</li> <li>The development of the peacebuilding manual for the youth peace clubs</li> </ul>
Exchange visits	12 Exchange visits have been held between the three schools to share best practices amongst the peace club members.

#### **Lessons learnt**

- Peace clubs are an effective strategy in ending disruptive and violent behaviors such as chronic absences, bullying behavior among peers as a result of the running of peace club activities.
- Students are able to engage in critical thinking and skill development on issues of conflict and peacebuilding through peer-to-peer learning.



### Champions at The Grassroot; Youth and Women Promoting Peace in The Northwest and Southwest Regions of Cameroon (1st May 2022 To 31st April 2023)

Funder: NATIONAL ENDOWMENT FOR DEMOCRACY (NED)

Objective: To strengthen the involvement and effective participation of youths (boys and girls between 18-35 years) and women in promoting social cohesion and human rights monitoring in 16 high priority conflict-affected communities in the North-West and South-West Regions of Cameroon.

Activities	Results achieved
The engagement of 16 Civic Group	7youth led group, 6 women led group, 1 indigenous person's
on community peace engagements	group, 1 person with disability association, 1 cultural and
	development association, 1 youth faith-based group.
Baseline survey	224 participants for the baseline survey
Capacity-building workshop	1 5 days training of trainers for 16 group representatives.
	16 internal trainings of 163
Supportive supervision	32 missions for supportive supervision
Community peace engagements	Human rights violations monitored: 1661 cases
	Protection needs monitored: 498 cases
	Community members sensitized on peacebuilding and non-violent
	communication:18,276 persons
	Persons with Disability (PWD) sensitized on peacebuilding and
	non-violent communication: 1755 PWD

### **Key Lessons Learned:**

- Capacity building of group members on safe monitoring, documentation and reporting of human rights violations is highly appreciated by members who were loss on how to report incidents.
- The use and introduction of social media handles by civic groups for awareness raising on activities is very effective and pleasing to civic groups especially those new to the concept.

### Protection of Vulnerable Groups in Conflict-Affected Areas of the South West and North West Regions of Cameroon

Funder: **European Union** 

Objective: This project was aimed at contributing to the reduction of vulnerabilities and risks of susceptible groups and reinforces community resilience and response to violence against vulnerable populations living in English-speaking regions of Cameroon.

Duration: 1st September 2020 to 31st August 2022

Activities	Key achievements	
Community Assemblies	20 community assemblies were organized in targeted communities for the project.	
Training of key Actors	Capacity building of 37 local healthcare providers on Gender-Based Violence and Clinical Management of Rape	
Community mobilization Community Health Workers	by 40 community health workers on GBV prevention, referral mechanisms and the voucher system, psychosocial first aid and community mobilization and facilitation	



	12 project staff (8 females and 4 males) were trained and gained knowledge on Supportive Supervision
Holding of coordination meeting	8 Coordination meetings were held with 128 GBV actors in the project community areas
Lander hased Violence disability	10,941 persons were reached through community dialogues 45,404 persons were reached through Household Visits
Cash assistance	155 survivors of GBV were supported with basic stipends for income generating activity. 200 PWD supported with mobility aid cash grants or startup capital for small businesses.
Health vouchers assistance	721 persons identified and referred to the selected health facilities for health support Supported 206 displaced people living with HIV lost to follow-up to re-start treatment. Provided 250 PEP Kits to 20 health facilities.

### **Key Lesson learned:**

• Setting up local structures and implementing local solutions through the inclusion of women in traditional governance instances and administration of punitive measures against perpetrators of GBV by traditional authorities is an innovative and effective community engagement strategy to end GBV in the communities.

### **Build A Future for Children in Conflict Zones.**

This project supports child protection in the Southwest, Cameroon. This is done by helping outstanding orphanages and spaces for children operating in conflict areas. Donations are used to pay teachers of two communities' schools and orphanages of MaH Di's and Hope Alive. The main objective of this project is to improve the quality of children's Education in the southwest region.

Activities	Key achievements
Payment of feachers	2 teachers received their monthly stipend for 9 months
Supervision missions	2 social workers conducted a supervisory visit to these schools for 2022

### **Challenges:**

- 1. Shortages of teachers
- 2. Parents can't afford basic needs like exercise books, texts books.
- 3. Hope Alive foundation is need of more classrooms as the population has also increased.
- 4. Some of the teachers are IDPs and are in PSS and stress management services.

#### **Recommendations:**

- 1. Recruitment of more teachers to enhance learning.
- Psycho-social support be provided to teachers to enhance learning.
- 3. Students through a scholarship program should be supported with school kits.



### The Youth and Disability Inclusion in Local Governance Project in the South West Region of Cameroon

**Funder: PISCCA** 

**Project objective:** To strengthen the capacity of young persons with disabilities aged 18-35 years and increase their effective participation in local governance of the Municipal Councils of Ekondo-Titi and Idenau.

Duration: 15<sup>th</sup> July 2022-14<sup>th</sup> May 2023.

Activities	Results	
Mobilization of PWD	60 PwD in the communities Ekondo-Titi and Idenau were mobilized for a training fundraising, project design and proposal development, financial control and accountability, project monitoring and evaluation and organizational policies.	
Training of PWD	53 PWD gained knowledge on fundraising, project design and proposal development, financial control and accountability, project monitoring and evaluation and organizational policies.	

### Peace Tables: Promoting WPS through a culture of Peace and social cohesion in Cameroon

Funder: Global Affairs Canada (Peace and Stabilization Operations Program -PSOPs)

Duration: 2022 - 2024

This project has as main objective to improve participation in peacebuilding initiatives at community, regional and national levels of grassroots women and young adult women from 40 conflict-affected communities of the North-West, South-West, Littoral, and West Regions of Cameroon.

Activities	Results Achieved in 2022
Community mapping	60 communities were targeted and 40 selected
Scoping	35 out of 40 targeted communities were reached
Baseline survey	426 surveys were conducted
	Opening of peace house
16 Days activism	HIV sensitization in Mudeka with 75 TESTED
	Distribution of mobility aid to 9 PWD
Case management	Provided MHPSS to a total of 6 persons (4 females, 66.7% and 2 males, 33.3%) with all 6 cases recorded in the South West Region
IEC training	300 women have been mobilised for the 30 selected peace hubs



### A story for Every Heart

Project Goal: Storytelling as a tool for trauma healing

Funder: Caravanserai Collective and Meta

### **Key Achievements:**

1. Selection and contracting of 5 partners.

2. Completion of Training of Trainers Workshop with 5 partners

3. Completion of all 5 replication trainings with over 115 persons in attendance

4. Online Cerita Jamboree – 126 persons

Women-Led Community Driven Action for The Promotion of Human Rights in Conflicted Affected Communities of the North West and South West Regions of Cameroon.

**Funder: German Embassy in Cameroon** 

**Project Goal:** To increase the knowledge of 40 women stakeholders on UNSCR1325 and carryout human rights protection and monitoring in their local communities reaching a minimum of 15 000 inhabitants leading to a 10% decrease in the incidence of human rights violation and documentation of at least 300 cases of human rights abuse and violations in the target communities by November 2022.

### **Key achievements**

Activities	Key results
Selection of Beneficiaries	11 community-based Organizations from the North West and South
	West
Training of Beneficiaries	40 women and 2 men were trained on the United Nation Security
	Council resolution 1325, the different thematic on human right, human
	right protection, human right monitoring, and reporting
Development of UNSCR1325	The UNSCR1325 was developed, and 80 copies of these handbook
Local Action Plan	were printed and shared amongst the 11 community-based
	organizations to be used as a guide for sensitization
Community Awareness	A total of 17029 people (7695 males and 9334 females) were sensitized
within communities	during the door-to-door visit. 56 community dialogue sessions were held
UNSCR1325 and human	thus sensitizing 605 stakeholders (207 males and 398 females) in the
right violation	Northwest and Southwest Regions
Referral of Survivors of	96 survivors of sexual gender-based violence received the psychosocial
Sexual Gender Based	support thus improving their mental health
Violence to Appropriate	
Services	
Setting Up of Community	30 suggestion boxes were produced and given to the CBOs. This
Feedback and Response	suggestion boxes served as a medium where complains and human
Mechanism	right violations were reported.
Human Right Violation	411 incidences were recorded of which 1004 persons were involved. Of
Reporting	this 1004 persons involved; 263 persons lost their lives as a result of
	these violations
End of Project Dissemination	10 CBO and 20 government and community stakeholders in the
Workshop	Northwest and South West Regions were presented with project
	successes, challenges and recommendations in solving human right
	violation within the communities.



#### Recommendation:

- Continuous sensitization has to be done in all of the 13 divisions of the North West and South West region of Cameroon to increase and raise awareness on the different components of human rights, countering SGBV, toxic masculinity ideas, patriarchal socio-cultural norms, violent extremism, child trafficking, sexual exploitation.
- More community dialogue sessions should be held as they target local stakeholders which are a medium of advocacy for the respect of human right and women's participation in peace building within the communities and a means of bringing change and community acceptance.

### Strengthening Networks of Cultural and Development Associations for the Promotion of Peace and Social Cohesion in the North-West and South-West Regions of Cameroon

Funder : Centre de Crise et de Soutien (CDCS)

Objective: To strengthen and build the capacities of Cultural and Development Associations in the NW & SW regions and Anglophone communities in Francophone regions of Cameroon towards the promotion of peace, integration, and social cohesion with IDPs at their community levels.

Key achievements		Results	Total
	Male	Female	
Training of cultural and development Associations on Peace building and social cohesion techniques	333	317	650
Distribution of livelihood items to internally displaced persons	30	45	75
Trauma healing sessions for internally displaced persons		66	120
Constituent meeting for the setting up of a network of cultural and development associations		35	96

### **Key lessons learned:**

- Cultural and Development Associations are vibrant and resilient in the face of the Anglophone Crisis and should be used as sustainable structures for peacebuilding and promotion of social cohesion.
- Village traditional councils are the primary go-to places for dispute resolution within their respective communities and can play a great role in peacebuilding.

### **Multipurpose Cash Assistance for Conflict Affected Population**

With the collaboration and partnership with UNHCR, Reach Out conducted a collection of data for enrolment of beneficiaries in its assistance programme's multi-purpose cash (MPC) assistance to support the affected population of the South West region.

#### Achievements

Activities	Key results
Identification of beneficiaries	92 beneficiaries (40 from Reach Out)
Cash support	92 beneficiaries <b>(</b> 40 from Reach Out)
Follow up of beneficiaries	92 beneficiaries <b>(</b> 40 from Reach Out)

Lessons learnt: Building partnership and collaboration leads to successful service provision.



### Action for the Effective Leadership and Representation of Women Peace Builders in the Implementation and Monitoring Mechanisms of the Cameroon Major National Dialogue.

Funder: Women Peace and Humanitarian Fund (WPHF) with technical assistance from ICAN
This project aimed to have at least four (04) additional women peacebuilders appointed into four implementation and monitoring mechanisms of the Major National Dialogue specifically: the Humanitarian Assistance Program to better serve internally displaced persons; the disarmament committee; special plan to reconstruct the conflict affected areas; and the team responsible for mediation with radicalized members of Cameroon's diaspora.

ACTIVITIES	2022 ACHIEVEMENTS
03 days coalition Building workshop	40 women. 5 observers and 2 facilitators took part in the coalition building workshop.
Community Engagement-provision of sub-grants to implementing partners and Reach Out NGO	06 networks and Reach Out NGO carried out focus group discussions and key informant interviews n different communities of the NW, SW, LITTOTTAL regions. A total 438persons were reach including 229 female and 209 males, both through the FGD and KIIs.
05 Advocacy Meetings	<ul> <li>02 meetings with the Prime Minister and an audience underway for presentation of the project report</li> <li>01 Meeting with radicalized members of the diaspora</li> <li>01 Meeting with the DDR centres leading to the training of DDR members in the SWR on empowerment and livelihood support</li> </ul>



### **WEALTH CREATION DEPARTMENT**

### Background

The devastating effects of the ongoing crisis coupled with the increased number of vulnerable women and young girls within the communities especially internally displaced women and girls have continued to inspire the wealth creation department of Reach Out to conduct its activities throughout 2022. These activities are geared towards improving household incomes of marginalized women through establishment of micro projects, small income generating activities, sustainable smart agriculture, and micro credit operations.

### 2022 Project Registry

- 1. Empower women through Entrepreneurship (Keep a Girl Alive).
- 2. Education/Livelihood Support for Idabato and Bamusso Councils.
- 3. Donorsee
- 4. Economic Empowerment of Women in the Plain of Ruzizi Territory of Uvira In South Kivu Congo (Rwenena Village).
- 5. Targeting and Registration of Persons Vulnerable to WFP's Food Assistance in the Far North Region of Cameroon.

### **Projects and Achievements 2022**

### **Empower women through Entrepreneurship (Keep a Girl Alive)**

The goal of the project is to enable young girls at risk (internally displaced girls, single mothers, school dropouts) to become economically self -through the creation and expansion of small businesses. Project Achievements include;

- Capacities of 65 women' built on entrepreneurship, sexual reproductive health rights, savings, bookkeeping and business management.
- Seed capital disbursed to 65 women for creation/expansion of their businesses.
- Coaching and mentorship conducted for 65 women (9 visits conducted in Buea, 3 in Douala and 6 in Kumba) on entrepreneurship, business management and sexual and reproductive health.

### **Education/Livelihood Support for Idabato and Bamusso Councils**

The goal of the project is to improve school completion rates thus setting the platform to increase the number of Bamusso, Idabato and Kombo Itindi indigenes enrolling in universities and specialized institutions required to join Cameroon's competitive job market in the long run.

The project Achievements include:

- ≥ 28 schools assessed (9 in Bamusso, 3 in Kombo Itindi, 16 in Idabato) to capture their educational needs and core school requirements.
- ➤ 177 IDPs identified (70 in Bamusso, 107 in Idabato for livelihood assistance and provided with livelihood assistance (rice, maggi, groundut, beans, oil etc
- > 19 schools supported (13 primary, 3 nursery and 3 secondary) with core text books. Exercise books and other didactic materials
- > 151 (Bamusso 8 schools with 73pupils, Idabato 8 schools with 55 pupils and Barracks 1 school with 23 students) supported
- > 2,444 packets of aqua tabs, 26 buckets, 26 jars and 26 jars distributed in Idabato (11schools), Kombo Itindi (3 schools) and Bamusso (8 schools)
- > 180 students/pupils supported in Bamusso, (9 schools), Kombo Itindi (3 schools), and Idabato (11 schools) with school fees, registration fees for public exams and didactic materials



#### **Donorsee**

The goal of the project is to assist persons who are in extreme poverty with economic and livelihood supports in the North West and South West Region.

### The project achievements in 2022;

- 20 videos were uploaded on the Donorsee platform for the year 2022.
- 9 videos were funded on the platform (6 on livelihood and 3 on back to school with 3 children on each video
- > 5 women were trained in Meme and 1 man in the North West Region on book keeping and entrepreneurship
- Money disbursed to 14 direct beneficiaries (5 on micro business and 9 pupils students fees were paid.
- > 1 physically disabled man in Babesseng in Ndop, North west regions received a grinding machine to serve as a source of livelihood for him and his family. In addition, a wheelchair was also donated a wheelchair.
- > Testimonials and 14 follow up pictures of different beneficiaries.

### Economic Empowerment of Women in the Plain of Ruzizi Territory of Uvira in South Kivu Congo (Rwenena Village).

The aim of the project was to strengthen the economic capacity of women in the villages of Rwenena 1, 2 & 3.

### Results achieved:

- 3 communities were assessed (Rwenena 1, Rwenena 2 and Rwenena 3)
- > 50 women were identified (32 from Rwenena 1, 12 from Rwenena 2 and, 6 from Rwenena 3
- > 50 women were trained on income generating activities, financial management and book keeping. This included 32 from Rwenena 1, 12 from Rwenena 2 and 6 from Rwenena 3)
- Support for a three-month rental of a shop to exhibit and sell the disinfectant gel from PAMAKACI. This helped them exposed their product and gain more customers.
- Support for the packaging supplies of the PAMAKACI enterprise. A batch of 250 bottles was ordered and paid for to facilitate the packaging of the products to be placed on the market.
- FOPAC organization empowered to manage their Global Giving page without Reach Out supervision.

### Targeting and Registration of Persons Vulnerable to WFP's Food Assistance in the Far North Region of Cameroon.

The purpose of the project was to present a validated list of 52,000 individuals in the Divisions of Logone et Chari, Mayo-Sava, Mayo Danay and Mayo Tsanga includes the most vulnerable and food insecure people in the Extreme North of Cameroon by December 2022.

Key achievements recorded were as follows;

- Figure 3.2 Given that the new approach of WFP's targeting exercise puts the community and local stakeholders at the centre of all activities and decisions, consultative meetings were held in 143 (One hundred and forty-three) villages/quarters in 16 subdivisions with 545 major stakeholders (447 men and 98 women). Out of the 143 villages, 103 villages from 09 subdivisions were selected to benefit from this phase.
- 33 enumerators jointly trained by WFP and Reach Out Cameroon to conduct the targeting exercise.



- Two hundred and six (206) targeting and complaint/feedback committees were created in all these 103 villages/quarters to lead the identification of initial beneficiaries.
- Seventy-eight thousand and seventy-four (78,074) individuals were profiled during this phase of the targeting in 103 villages.
- Verification was also conducted with major findings being; wrong spelling of names, relocation of some beneficiaries after the targeting and same persons being registered as different households.

### **Community Connections Campaign: World Bank Support**

Support from World Bank Staff members used for economic empowerment of women and girls.



### **PARTNERS IN 2022**









































